

For Immediate Release: July 22, 2019

Sterling Construction Schedules 2019 Second Quarter

Release and Conference Call

THE WOODLANDS, TX - July 22, 2019 - Sterling Construction Company, Inc. (NasdaqGS: STRL) ("Sterling" or "the

Company") today announced that it plans to issue its financial results for the second quarter of 2019 on Monday,

August 5, 2019 after the stock market closes.

Sterling's management will host a conference call on Tuesday, August 6, 2019, at 9:00 am ET/8:00 am CT to discuss

the 2019 second guarter results, as well as the 2019 outlook. Interested parties may participate in the call by dialing

(201) 493-6744 or (877) 445-9755. Please call in ten minutes before the conference call is scheduled to begin and

ask for the Sterling Construction call. Following management's opening remarks, there will be a question and answer

session. Questions may be asked during the live call, or alternatively, you may e-mail questions in advance to

Brigette.Wilcox@strlco.com.

To listen to a simultaneous webcast of the call, please go to the Company's website at www.strlco.com at least fifteen

minutes early to download and install any necessary audio software. If you are unable to listen live, the conference

call webcast will be archived on the Company's website for thirty days.

Sterling is a construction company that specializes in heavy civil infrastructure construction and infrastructure

rehabilitation as well as residential construction projects. We operate primarily in Arizona, California, Colorado,

Hawaii, Nevada, Texas and Utah, as well as other states in which there are feasible construction opportunities. Heavy

civil construction projects include highways, roads, bridges, airfields, ports, light rail, water, wastewater and storm

drainage systems, foundations for multi-family homes, commercial concrete projects and parking structures.

Residential construction projects include concrete foundations for single-family homes.

Contact:

Sterling Construction Company, Inc. Ron Ballschmiede, Chief Financial Officer 281-214-0800

The Equity Group Inc. Fred Buonocore, CFA 212-836-9607

Investor Relations Counsel: